



**North East and
North Cumbria**

ICB Update

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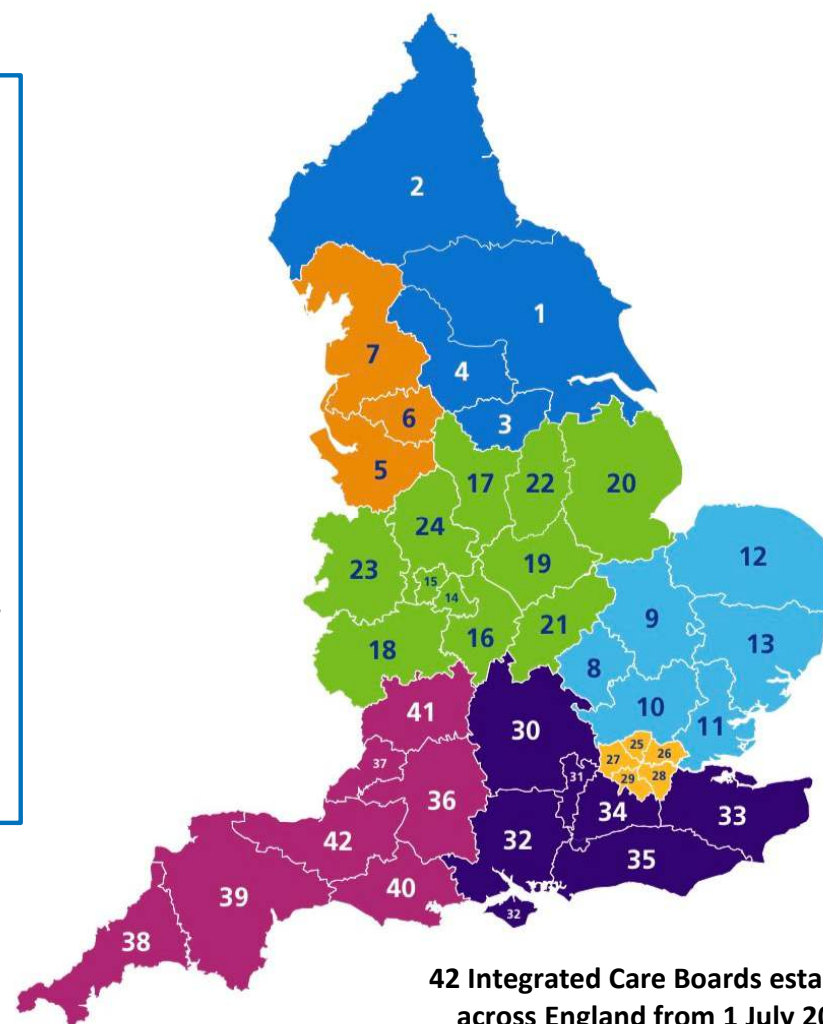
Director of Local Delivery/Head of Integrated Commissioning

What's the difference between an ICS, an ICB and an ICP?

Integrated Care System (ICS) – includes all of the organisations responsible for health and wellbeing working together across a region to plan and deliver services for our communities.

It is not an organisation but works through the following bodies:

- **Integrated Care Board (ICB)** – a statutory NHS organisation that took on the responsibilities of the former CCGs and some of the functions held by NHS England. The ICB will also work with a range of partners at 'place level' in each of the 14 local authority areas in our region.
- **Integrated Care Partnership (ICP)** – a joint committee of the ICB and the 14 local authorities in the ICS area – plus other invited partners - responsible for developing an **integrated care strategy** for the ICS.



42 Integrated Care Boards established across England from 1 July 2022 – replacing the former CCGs

Our patch: the North East and North Cumbria

Our area

NHS North East and North Cumbria Integrated Care Board (ICB)

NHS
North East and North Cumbria

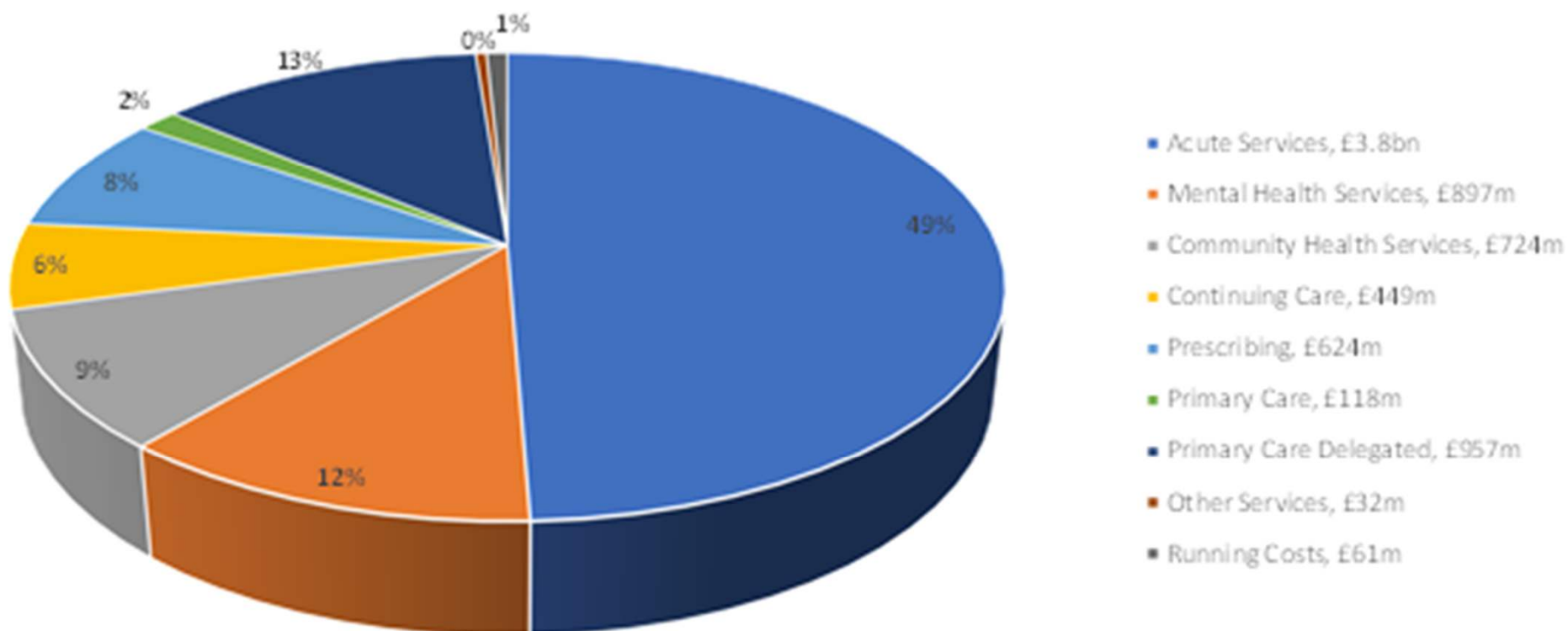


SIZE & SCALE



ICB Budget Overview

How the money was spend - NENC ICB year ended 31 March 2024



Strategic aims of ICBs set by government



1 Improve outcomes in population health and healthcare

Continue to raise standards so services are high quality and delivered effectively making sure everyone has access to safe quality care whether in the community or in another setting.



2 Tackle inequalities in outcomes, experience and access

Maximise the use of evidence-based tools, research, digital solutions and techniques to support our ambition to deliver better health and wellbeing outcomes in a way that meets the different needs of local people.



3 Enhance productivity and value for money

Working with partners in NHS, Social Care, and Voluntary and Community Sector organisations at scale on key strategic initiatives where it makes sense to do so. Harnessing our collective resources and expertise to invest wisely and make faster progress on improving health outcomes.



4 Help the NHS support broader social and economic development

Focus on improving population health and well-being through tackling the wider socio-economic determinants of health that have an impact on the communities we serve.

Developing our Integrated Care Strategy

North East
North Cumbria
Health & Care
Partnership







Better health & wellbeing for all

A plan to improve health and care in the North East and North Cumbria



We want...

-  **Longer and healthier lives**
Reducing the gap between how long people live in the North East and North Cumbria compared to the rest of England.
-  **Fairer outcomes**
As we know not everyone has the same opportunities to be healthy because of where they live, their income, education and employment.
-  **Better health and care services**
Not just high-quality services but the same quality no-matter where you live and who you are.
-  **Giving our children the best start in life**
Enabling them to thrive, have great futures and improve lives for generations to come.

And that's not all...

We will be working together to help people to stay healthy by addressing the causes of ill health and preventing diseases in the first place, and also to improve mental health and wellbeing, so that our communities live healthier and longer lives.

We have set clear goals to tackle the key causes of early death in our region - such as smoking, alcohol, obesity, heart disease, substance misuse and suicide.

Our supporting goals by 2030 are to:

- reduce smoking from 13% of adults in 2020 to 5% or below
- reduce alcohol related admissions to hospital by 20%
- halve the difference in the suicide rate in our region compared to England
- reduce drug related deaths by at least 15% by 2030
- ensure 75% of cancers are diagnosed at an early stage so that more people who have cancer will live for at least five years after their diagnosis

We also want to:

- reduce the number of children, young people and adults who are an unhealthy weight
- reduce social isolation, especially for older and vulnerable people
- reduce the gap in life expectancy for people in some of the most excluded groups within our communities, such as homeless people.



The health of our region...

Across the North East and North Cumbria, we have made advances in health and social care. We have much to be proud of thanks to the strong partnerships and collaborative working which has been built on over many years. But despite this, we still have some of the poorest health outcomes in the country and there is more we can do to improve health and care services.

In nine of our 13 council areas, healthy life expectancy (meaning life without the burden of a chronic condition or disease), is less than 60 years. There are only four such council areas in the whole of the south of England. Other facts about the health and wellbeing of people in our region make for very uncomfortable reading:



Highest rate of drug related deaths in England (North East)



Men spend almost a quarter of their lives in ill-health



2nd highest rates of heart disease in the country



Some of the highest rates of suicide in the country



Respiratory disease rates are much higher than the national average



28% of children live in low-income families – England average 19%



Rates of child poverty are double the England average in some areas



2nd highest rate of liver disease in the country

Behind these numbers are individuals and communities. They are people who could be enjoying longer and healthier lives. They are children who could be thriving – not just surviving.

This is why we are so determined to work together across health and care to achieve better health and wellbeing for all.

Significant change

- Merging 8 organisations into one – restructure at the time of formation
- Taking on additional responsibilities at the start (we didn't just create a large CCG)
- Further delegations – Pharmacy/Optomety and Dental – April 2023
- 30% running cost reductions
- All came within the first year....
- More delegations expected

The NENC way



North East and
North Cumbria

- We will be clinically led and managerially enabled
- We will operate across 8 directorates with 8 executive directors
- We will have enabling and delivery teams – focused on delivery the vision and constitutional standards
- We will have 6 delivery teams mapped to 14 LA partners
 - North Cumbria (2 LAs)
 - Northumberland and North Tyneside (2 LAs)
 - Newcastle and Gateshead (2 LAs)
 - South Tyneside and Sunderland (2 LAs)
 - Co Durham (1 LA)
 - Tees Valley (5 LAs)
- FT contracting to be handled centrally and not through the Local Delivery Teams
- Budgets for primary care and community will be devolved to local place committees

North East
North Cumbria
Health & Care
Partnership
+ + + +

NHS
North East and
North Cumbria



Our first year

On 1 July 2022, we brought eight clinical commissioning groups (CCGs) together to form our new North East and North Cumbria Integrated Care Board (ICB). Take a look at what we have achieved, in partnership with others, across our region in a busy first year.

3,200,000
people to care for

BUDGET
£7B

3 year plan

Better health and wellbeing for all



New technology to improve GP telephone systems and triage

Continued to work with our Provider Collaborative which includes our 11 NHS foundation trusts and ambulance services

4 KEY GOALS

- Longer and healthier lives for all of our communities
- Fairer outcomes for all
- Better health and care services
- Giving children and young people the best start in life

75%
of primary care appointments were face to face against a national target of 70%



North East North Cumbria Health & Care Partnership

Developed a new region-wide partnership

Made plans to invest

£35M

over three years, to improve the health of some of our most deprived communities across the North East and North Cumbria



Delivered our biggest flu and COVID-19 vaccination programmes with 2.3 million jabs

16,000 women treated for uncomplicated urinary tract infections in local pharmacies - resulting in improved access and

47%
reduction in antibiotic prescribing

Worked across the region to improve the transfer of care for patients

£29m additional government funding to start this process of change in health and care organisations across the region

We have continued to innovate and do things differently...



Matched the funding of our 12 councils to support quit smoking projects and programmes

A new health and life science pledge

and plan to create a 'northern diamond' of innovation and research in partnership with our Academic Health Science Network (AHSN) - more than 70 organisations have signed up to this pledge

New involvement and engagement strategy ensuring community voices are heard

Launched plan to become England's greenest region by 2030

Improved access to primary care services:

1.5 million
appointments every month and an increase in the number of evening and weekend slots



Worked collectively to tackle waiting times and recovery from the pandemic

Reduced waits for hospital treatment

Increased diagnostic capacity

New community diagnostic centres for north Cumbria, Gateshead, and Stockton-on-Tees

Agreed 59min
limit on ambulance handovers which has saved lives

New learning and improvement community, securing

£250,000

from The Health Foundation to be **the best at getting better**



Playing our part to get more resources for our region, for health and care and wider economic & social development



Extra support for clinically and socially vulnerable people waiting for surgery, so they have the best chance of a good outcome from their treatment

Impact in County Durham

- Improving performance
 - Time through A&E
 - Ambulance handover delays
 - Reducing waits for elective care
 - Hospital discharge delays – acute, MH/LD
- New initiatives
 - Pharmacy First implemented
 - Health squad funded via Healthier and Fairer programme

Impact in County Durham

Starting Well

- Perinatal MH services reviewed – range of support introduced via Family Hubs including support for Dads
- Flu vaccinations for 2-3 year olds best in NENC
- Redeveloped short breaks offer – needs led approach, eliminated waits
- Ongoing children's home development – 3 specialist homes in development
- Valuing Neurodiversity programme – initial focus on support for schools

Impact in County Durham

Living Well

- Continued to deliver GP services in ED at UHND
- Targeted diabetes work for people with LD/SMI
- 6 Integrated Neighbourhood Teams established
- Acute Respiratory Infections hubs provided over winter
- Improved health check performance for people with LD/SMI
- Improved carer services – targeted support for working age carers, new plan on page
- Re-design community mental health model – greater focus on community based support
- Updates autism strategy

Impact in County Durham

Ageing Well

- Connectivity improvements in care homes
- Delivering Enhanced Care in Care Homes
- Reviewed reablement services – strengthening preventative approach
- Lung case finding pilot

Questions and Feedback